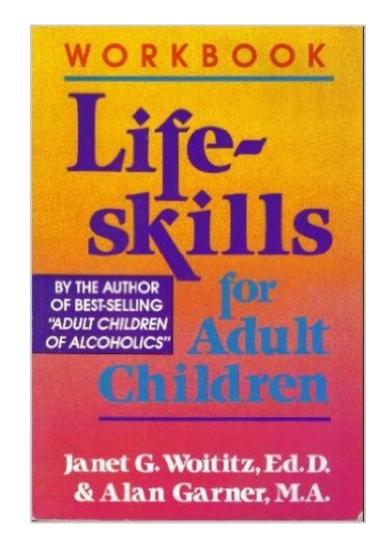
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# The Lifeskills For Adult Children Workbook





## Synopsis

Book by Woititz, Janet Geringer, Garner, Alan

### **Book Information**

Paperback Publisher: Hci (April 1991) Language: English ISBN-10: 1558741305 ISBN-13: 978-1558741300 Product Dimensions: 0.5 x 6 x 9 inches Shipping Weight: 8.8 ounces Average Customer Review: 5.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #626,702 in Books (See Top 100 in Books) #113 in Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #459 in Books > Health, Fitness & Dieting > Mental Health > Codependency #1597 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

#### **Customer Reviews**

If you need some new ideas for group or one on one counseling this is an excellent resource. I would recommend it.

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